

2009 Fall Classes Now Available

- All Classes are limited to 10 players
- All Classes will be taught by the best D-BAT instructors that specialize at that position.
- All Classes are \$125.00 for 4 weeks
- All classes are 1 hour and 30 minutes each week.
- Sign up for 3 classes and receive your 4th class Free.
- Players will be paired with someone their own age.
- Sign up online at www.dallasbat.com



Catching Class: Thursday's 5:00-6:30pm August 27th - September 17th

This class is suggested for ages 8-14 if you are a first year catcher. This class will focus on Receiving, Foot work, Throwing, Blocking, Proper way to call a game, and Fielding bunts.

All Aspect Class: Monday's 5:00-6:30pm August 24th - September 14th

This class is suggested for ages 8-14. This class will focus on all aspects of the game. Catching the ball, Throwing, Hitting, Base running, and Fielding.

Pitching Class: Friday 5:30 - 7:00pm August 28th - September 18th

This class is suggested for ages 8-14. This class is designed to teach and/or improve proper throwing mechanics in general. Primary Focus: Upper Body mechanics, Lower Body mechanics, combining the two, Balance from start to finish, and body control. Secondary Focus: Grips, Stretch and Wind-Up, and mental planning.

Infield Fielding Class: Saturday 11:00am-12:30pm August 29th - September 19th

This class is designed to teach and improve basic fundamentals of infield play. Suggested ages are 8-14 if you are transitioning to the infield from a different position. This class will focus on Proper fielding positions, Footwork on Ground balls, Reading hops, Throwing, and Pop flies.

Hitting Class: Saturday 1:30pm - 3:00 pm August 29th - September 19th

This class is designed to teach and improve basic fundamentals of Hitting. Suggested ages are 8-14. This class will focus on proper balanced, swing mechanics, and shortening the swing.



D-BAT OF FRISCO

10875 John W. Elliott Drive
Frisco, TX 75034

972-335-4487

D-BAT OF ADDISON

15605 Wright Bros Drive
Addison, TX 75001

972-387-3228

D-BAT OF MANSFIELD

615 South Wisteria
Mansfield, TX 76063

682-518-8488

D-BAT OF LEWISVILLE

1500 Fairway Drive Suite 1201
Lewisville, TX 75057

972-434-2106

COLORADO

D-BAT

TRAINING

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